Résumé Guide: Research Experience

Resume Example: Graduate School

RESEARCH EXPERIENCE
Summer Undergraduate Research Institute (SURI), Virginia Military Institute   Summer 2020
The Effects of Mindfulness Tactics on Test Scores and Test Anxiety in College Students
- Collaborated with faculty to explore the effects of mindfulness tactics on test anxiety and test scores.
- Completed data entry and analysis using SPSS for 40 randomly selected students in the PS 101 course.
- Found a positive correlation between time spent on mindfulness tactics like meditation and an increase in test scores, and a negative correlation with test anxiety.
- Selected from a highly competitive pool of candidates to present at the Mid-Atlantic Regional Conference of Undergraduate Scholarship (MARCUS).

Resume Example: Job Search

RESEARCH EXPERIENCE
Summer Undergraduate Research Institute (SURI), Virginia Military Institute   Summer 2020
The Effects of Mindfulness Tactics on Test Scores and Test Anxiety in College Students
- Submitted a written proposal articulating the purpose and future implications of conducting research on mindfulness.
- Organized and reviewed data for errors to ensure accuracy.
- Analyzed data from 40 randomly selected students to explore the relationship between mindfulness tactics like meditation with test anxiety and test scores.
- Enhanced oral communication skills through public presentations, including the Undergraduate Research Symposium (URS) in April 2021.

Key points to keep in mind when including research experience on resume:

- Who, What, When, Where, Why
  - Why conduct this research? What were the results/findings of your research? What will this research lead to? Why are you passionate about your research? What are you hoping to learn?
- Transferable skills (see below).
  - Do not just mention the skills, but how you acquired them.
- Each bullet point starts with an action verb in the correct verb tense.
- Quantify (number of participants, percentages, etc.).
- Emphasis on the competitive nature of the program.

Transferable Skills

- Critical Thinking (identifying problems, analyzing data, etc.)
- Problem Solving (what is the purpose of your research?)

- Oral/Written Communication (public presentation of research at URS, submitting proposal, etc.)
- Teamwork (collaborating with others)
- Technical (statistical analysis techniques, software like SPSS, etc.)
- Attention to Detail (ensuring accuracy, analyzing data for errors, validity, etc.)
- Project/Time Management (prioritizing, organization, etc.)